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Client Information - Couples Counseling

Date: _____

Name: _____

Address: _____ City: _____

State: _____ ZIP _____

Phone Numbers: Home: (____) _____ Work: (____) _____

Cell: (____) _____

Email: _____ SSN: _____ - _____ - _____

Birth date: _____ CA Driver's

License# _____

Marital /Relationship Status: (circle one) Single/ Married/

Domestic Partner/ Divorced

How long together: _____

Work Status: (circle one) Employed /Full-time Student /Part-time

Student /Other

Employer _____

Primary Care Physician: _____ Phone: (____) _____

Emergency Contact: _____ Phone: (____) _____

Who referred you: _____

Children- list names and ages:

Date of your last doctor appointment: _____

Major Medical Injuries, Illnesses, or Surgeries: approximate
dates _____

List any current medications you are taking (name, dosage, prescribing
MD, appx start date):

Health Insurance coverage for Mental health: if any, list coverage
information:

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Any specific Psychotropic medications you are taking currently or in the past year (name, dosage, prescribing MD):

Please list any substances you use such as, alcohol, marijuana, caffeine, tobacco, etc, and approximate frequency):

Please list any couples or individual therapist you have seen in the past: (appx dates)

List any psychiatric disorders in immediate or extended family- eg. Depression, bipolar, schizophrenia?

Describe your current support system (family, friends, organizations, etc.):

What areas/problems do you want to address in couples counseling:

What are the strengths you bring to your relationship/marriage?

What are the weaknesses you bring to your relationship/marriage?

What are the strengths your partner brings to the marriage/relationship?

What are the weaknesses your partner brings?

What are the changes you wish to see happen with the help of couples counseling?

Signature

Date